

She Takes Off

Gozo, Malta and Sicily between 14 and 23 May 2022

Connect, Discover and Elevate with the energies of the Flower Full Moon and Lunar Eclipse on 16 May 2022. Join an Inner and Outer Journey of Re-Creation

Let us rebirth into love, laughter and pleasure by riding the magical energy of Nature's springing to life with its wild flowers, playful butterflies, and abundant honey bees. The Flower Moon in May celebrates the blooming of flowers and symbolises awakening to joyous new life.

Women's cycles are naturally aligned with lunar cycles and this Flower Moon will also be a 'blood moon' as the moon turns red when it passes into Earth's shadow during a total lunar eclipse. In astrology, the moon governs emotions and a lunar eclipse is an extremely powerful time for transformation and change. It allows the shadows in the subconscious to be seen, offering an opportunity to acknowledge, heal and let go of what no longer serves us and set an intention for renewal and rejuvenation.

At this time, Nature's energies are aligning to fully support personal re-creation and recreation!

Are you ready to tap into the magic?

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Trip Highlights

Gozo

Four Nights in Gozo
Guided tours of the Island
Welcome Dinner
Yoga on the beach
Culinary class & Lunch
Flower Full Moon sunset cruise
The Saltpans of Xwejni
Red Tent women's circle

Malta

Three nights in Valletta, Malta's historic capital and a UNESCO World Heritage Site
Sunset at Dingli, Malta's highest cliffs dropping 250 meters to the Mediterranean Sea
Visit Rabat and Mdina, which date to 4000 years ago
Tour of the historic city of Birgu
Boat trip at Blue Grotto
Snorkeling at Ghar Lapsi

Sicily

Overnight stay in an Agriturismo & 2 night Taormina
Siracusa Food Market and lunch at Ortygia
Wine Tasting session
Taormina tour, the best of Sicily
Tour of Mount Etna
Visit to Naxos, an ancient Greek city



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May 2022

Day-by-day experience

***Connect* in Gozo**

14 May : Day 1 - **Meet your tribe**

Your arrival day is all about settling in. You are driven from MIA to Cirkewwa, where you take the ferry to Gozo. Here, you spend four nights in a 4- or 5-star Boutique Hotel. We get acquainted over welcome drinks and canapes. Then, you can enjoy a restful sleep to fuel the coming days.

15 May : Day 2 - **Explore the space**

Your good night's sleep has you ready for action and you can already take in much of Gozo's beauty and charm during a full day guided tour lasting six hours. Lunch is a picnic, then enjoy a lovely welcome dinner in Xlendi, one of Gozo's most picturesque seaside locations.

16 May : Day 3 - **Love mind, body and soul**

Your morning begins with a yoga session on the dark orange sands of Ramla Bay. Lunch comes with a culinary lesson included. Later, enjoy the full moon light and the eclipse's shadow on a sunset cruise on the Mediterranean, with Prosecco of course.

17 May : Day 4 - **Sharing is caring**

This day brings you the salt pans of Xwejni 'Salt is born of the purest parents: the sun and the sea.' followed by the Red Tent Women's Circle. Red Tents stem from native American tradition and now refer to spaces intentionally co-created for women to share their stories, connect and authentically be together supporting one another.

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GOZO



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***Discover* in Malta**

18 May : Day 5 - **Rediscover awe and wonder**

You spend the next three nights in 450-year-old Valletta, Malta's historic capital and a UNESCO World Heritage Site. After the transfer, we visit another fortified city: Mdina, Malta's old capital, and also Rabat. Both were first inhabited 4000 years ago and featured in Game of Thrones. We throw in a sunset at 250-meter high Dingli Cliffs for good measure.

19 May : Day 6 - **A meeting of past and present**

A two-hour guided walking tour gets you acquainted with Valletta's highlights. A short ferry across the spectacular Grand Harbour brings us to the Three Cities, where we explore the most intriguing: Birgu (Vittoriosa), the city of the Knights of Malta before they built Valletta. This evening, take time out for your own leisure.

20 May : Day 7 - **Let your inner child play**

Time to let loose, relax, play, and enjoy the flow as we take to the water. Today we take a boat trip to the amazing Blue Grotto at Wied iz-Zurrieq and go snorkelling at Ghar Lapsi, in the south-west of the island. After a late lunch at Da Pippo in Valletta, this evening is all yours so get excited about how to spend it. Drinks in The City, anyone?

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MALTA



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***Elevate* in Sicily**

21 May : Day 8 - **Crossing borders**

Transfer to Catamaran for Sicily - Sunday 19th at 17.30

After a day of leisure, we leave the Maltese Islands to Sicily by Catamaran, and then on from Pozzallo to Noto. We settle in a charming Agriturismo and enjoy a delicious dinner before taking a good rest from travel, to ready for the next days' adventures.

22 May : Day 9 - **Appreciate yourself**

Taormina is our next destination, where we spend two nights. Let its unique beauty and colourful story remind you just how special you and yours are. On the way there, we take a tour to enjoy a few highlights and stop at the Siracusa Food Market/Ortygia for lunch. On arrival, an optional boat trip awaits or you can take some 'Me Time'.

23 May : Day 10 - **Ignite your inner fire**

What can be more exhilarating than climbing an active volcano? As we take a guided tour of Mount Etna, feel inspired to ignite your inner fire! Fuel the passion with the drink of the gods during a wine tasting session and lunch at a winery.

24 May : Day 11 - **Unleash your inner goddess**

We visit Naxos, an ancient Greek city now modern Giardini Naxos on the east coast of Sicily. If your Inner Goddess has not emerged yet, time is ripe. This is the last stop of our journey together. Later, you are accompanied to the airport.

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SICILY



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Price includes:

- Accommodation (10 nights in 4* boutique hotels).
- 4 nights in Gozo, 3 nights in Malta and 3 nights in Sicily.
- Transfers by minibus during our tours and activities
- High Speed Catamaran from Malta>Gozo>Malta
- High Speed Catamaran from Malta>Sicily>Malta
- Daily breakfast
- Three Dinners (Welcome dinner in Gozo, Malta and Sicily)
- Five lunches (Gozo x 1, Malta x 2 and Sicily x 2)
- Sunset cruise in Gozo including procecco & nibbles
- Wine tasting in Sicily (with lunch at the winery)
- Admission fees for guided tours as per itinerary.

Flights not included.

EUR 3,250 - per person in Twin Room Sharing

EUR 4,000 - Single Room

Duration 10 Nights - 4 Gozo / 3 Malta / 3 Sicily

Group Size 10 to 20 max.

Disclaimer/Important Notes:

Itinerary is subject to changes due to weather or other unforeseen circumstances.

Travel Insurance is not included, and highly suggested to be taken out at booking stage.

Vaccine Certificate is required

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